Name:	Group:	Total score: /28	r Fitness, for Life. t of TIC Group PLC
	next to the correct	st of the answers in the "Tales of the Road" highway code answer, or write in the answer if there is no tick box. If yo ppy to try and help you.	
1. What type of material will help other road users see you in the daytime?		7. What must you <u>always</u> do before signalling?	<b>₹</b>
Denim		Change gear	
Fluorescent		Look around and behind to make	
Lycra		sure it's safe	
1 point if correct:		Ring your bell	
2. What type of material will help other		1 point if correct:	
road users see you at night?		8. If you are out with friends on a busy	
Reflective		road, what is the safest way to ride?	
Dark green		Single file	
Black		Behind a bus	
1 point if correct:		Next to each other	ΓΟΡ
3. What can protect your head when		1 point if correct:	
you are cycling? Hair gel		9. Write down <u>two</u> things to watch out for when passing parked cars.	
Hair brush	GIVE		
Cycle helmet	WAY		
1 point if correct:	· ·	1 point for <u>each</u> correct answer:	
4. Write down <u>two</u> ways of carrying things safely when cycling.		10. What colour light at the back of a car shows that it is slowing down or stopping?	
		White	
		Green	Δ
1 point for <u>each</u> correct answer:		Red	
5. Where should your hands be when you are cycling?	<i>ବ</i> ୍ଚ	1 point if correct:	
On your head	<b>A</b>	11. What does a green traffic light mean?	
On the handlebars, fingers over		Stop	
the brake levers		Go if safe	
Waving to a friend		Turn right	
1 point if correct:		1 point if correct:	
5. When is the <u>only</u> time that one hand s on the handlebars?		12. What does a red and/or amber traffic light mean?	Δ
When drinking		Stop	
When carrying shopping			Cattle
When signalling or perhaps changing gear	/+\		nno 1 -1
1 point if correct:		1 point if correct:	ige 1 of

13. If you come to a busy roundabout, or want to turn right on a busy road, what <u>could</u> you do instead?

## Junctions.... Ask someone if you need help.

